



## Colleges Spring/ Summer Menu 2024



Week 1	Lunch and Dessert
<b>Monday</b>	Spaghetti Bolognese, Garlic Bread and Salad Blueberry Muffins
<b>Tuesday</b>	Sweet Potato and Lentil Korma, Rice and Naan Choc Ice
<b>Wednesday</b>	Sausages, Roast Potatoes with mini Yorkshire Puddings, Peas and Gravy Berries and Greek Yogurt
<b>Thursday</b>	Brunswick Chicken with Broccoli and Cous Cous Cornflake Tart with Cream
<b>Friday</b>	Fishy Pasta Bake with Carrots and Sweetcorn Homemade Shortbread

Week 2	Lunch and Dessert
<b>Monday</b>	Turkey Ragu with Cous Cous and Broccoli Peach and Raspberry Sponge
<b>Tuesday</b>	Jacket Potato with Tuna and Sweetcorn Mayonnaise and Salad Berries and Greek Yogurt
<b>Wednesday</b>	Roast Gammon, Roast Potatoes, Carrots and Peas Chocolate Biscuit Cake
<b>Thursday</b>	Tomato Pasta with Crusty Bread, Grated Cheese and Cucumber Peaches and Ice Cream
<b>Friday</b>	Chick Peas and Vegetable Curry, Rice and Naan Muffins



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Week 3	Lunch and Dessert
<b>Monday</b>	Homemade Pizza with Garlic Bread and Baked Beans Lemon Drizzle Muffins
<b>Tuesday</b>	Chicken Balls in BBQ Sauce with Noodles and Broccoli Homemade Smartie Cookies
<b>Wednesday</b>	Sweet Potato and Lentil Korma with rice and Naan Jam and Coconut Cake
<b>Thursday</b>	Beef and Vegetables in Gravy with New Potatoes and Carrots Berries and Greek Yogurt
<b>Friday</b>	Cheesy Pasta Bake with Tuna, Peppers and Sweetcorn Flapjack

Week 4	Lunch and Dessert
<b>Monday</b>	Keema Curry with Rice and Mixed Vegetables Ice Cream Neapolitan
<b>Tuesday</b>	Vegetable Lasagne with Baguette and Salad Tottenham Cake
<b>Wednesday</b>	Roast Chicken, Roast Potatoes, Carrots and Cabbage Oat Cookies
<b>Thursday</b>	Sausage, Tomato and Courgette Pasta Bake with Peas Raspberry and White Chocolate Chip Muffins
<b>Friday</b>	Fish Fingers and Homemade Chips with Baked Beans Apple Crumble and Custard

Menu is subject to change/\* availability.  
Vegetarian option is always available.