

## Autumn/ Winter Menu 2023-2024



| Week 1    | Lunch and Dessert   |
|-----------|---|
| Monday    | Chilli Con Carne with Rice & Nachos  Chocolate Muffins          |
| Tuesday   | Sausages, Mashed Potato, Peas & Gravy<br>Greek Yogurt & Berries |
| Wednesday | Jacket Potato, Tuna, Cheese & Salad Fruit Crumble with Custard  |
| Thursday  | Tomato Pasta with Crusty Baguette & Broccoli<br>Fudge Tart      |
| Friday    | Homemade Pizza, Garlic Bread & Baked Beans<br>Flapjack          |

| Week 2    | Lunch and Dessert  |
|-----------|--|
| Monday    | Macaroni Cheese & Ham with Peas Oat & Raisin Cookies                                 |
| Tuesday   | Roast Chicken, Roast Potatoes, Carrots & Sweetcorn  Flapjack                         |
| Wednesday | Meatballs in Tomato Sauce with Spaghetti & Cucumber  Sprinkle Cake with Pink Custard |
| Thursday  | Lentil, Vegetable & Chick Pea Curry, Rice & Naan Bread Cinnamon Muffins              |
| Friday    | Fish Fingers, Chips & Baked Beans Rice Pudding                                       |



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| Week 3    | Lunch and Dessert                                    |
|-----------|--|
| Monday    | Pasta Bolognaise with Peas & Sweetcorn               |
|           | Homemade Shortbread                                  |
| Tuesday   | Homemade Pizza, Garlic Bread, Carrot & Pepper Sticks |
|           | Greek Yogurt & Berries                               |
| Wednesday | Roast Gammon, Roast Potatoes, Cabbage & Carrots      |
|           | Lemon & Blueberry Tray bake                          |
| Thursday  | Chicken & Cauliflower Curry, Rice & Naan Bread       |
|           | Apple Flapjack & Custard                             |
| Friday    | Fish Pasta Bake with Farmhouse Vegetables            |
|           | Carrot Cake Muffins                                  |

| Week 4    | Lunch and Dessert                                |
|-----------|--|
| Monday    | Sausage, Chips & Baked Beans                     |
|           | Banana Sponge Cake                               |
| Tuesday   | Beef & Vegetable Stew with Cous Cous & Sweetcorn |
|           | Jammy Buns                                       |
| Wednesday | Vegetable Lasagne, Garlic Bread & Salad          |
|           | Greek Yogurt & Berries                           |
| Thursday  | Fish Fingers, New Potatoes & Peas                |
|           | Fruit Crumble & Custard                          |
| Friday    | BBQ Chicken with Rice & Broccoli                 |
|           | Chewy Choc Chip Cookies                          |

Menu is subject to change. Vegetarian option is always available.