

## Vegetarian Option Autumn/ Winter Menu 2023-2024



w/c  $30^{th}$  Oct,  $27^{th}$  Nov,  $1^{st}$  Jan,  $29^{th}$  Jan,  $4^{th}$  March

Week 1	Lunch and Dessert
Monday	Quorn Chilli with Rice & Nachos Chocolate Muffins
Tuesday	Quorn Sausages, Mashed Potato, Peas & Gravy Greek Yogurt & Berries
Wednesday	Jacket Potato, Tuna, Cheese & Salad Fruit Crumble with Custard
Thursday	Tomato Pasta with Crusty Baguette & Broccoli Fudge Tart
Friday	Homemade Pizza, Garlic Bread & Baked Beans Flapjack

## w/c $6^{th}$ Nov, $4^{th}$ Dec, $8^{th}$ Jan, $5^{th}$ Feb, $11^{th}$ March

Week 2	Lunch and Dessert
Monday	Macaroni Cheese with Peas Oat & Raisin Cookies
Tuesday	Quorn Roast, Roast Potatoes, Carrots & Sweetcorn Flapjack
Wednesday	Vegetarian Meatballs in Tomato Sauce with Spaghetti & Cucumber Sprinkle Cake with Pink Custard
Thursday	Lentil, Vegetable & Chick Pea Curry, Rice & Naan Bread Cinnamon Muffins
Friday	Vegetarian Fingers, Chips & Baked Beans Rice Pudding



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w/c 13<sup>th</sup> Nov, 11<sup>th</sup> Dec, 15<sup>th</sup> Jan, 19<sup>th</sup> Feb, 18<sup>th</sup> March

Week 3	Lunch and Dessert
Monday	Pasta, Quorn Bolognaise with Peas & Sweetcorn
	Homemade Shortbread
Tuesday	Homemade Pizza, Garlic Bread, Carrot & Pepper Sticks
	Greek Yogurt & Berries
Wednesday	Quorn Roast, Roast Potatoes, Cabbage & Carrots
	Lemon & Blueberry Tray bake
Thursday	Cauliflower Curry, Rice & Naan Bread
	Apple Flapjack & Custard
Friday	Vegetable Pasta Bake with Farmhouse Vegetables
	Carrot Cake Muffins

w/c 20<sup>th</sup> Nov, 18<sup>th</sup> Dec, 22<sup>nd</sup> Jan, 26<sup>th</sup> Feb, 25<sup>th</sup> March

Week 4	Lunch and Dessert
Monday	Quorn Sausage, Chips & Baked Beans
	Banana Sponge Cake
Tuesday	Vegetable Stew with Cous Cous & Sweetcorn
	Jammy Buns
Wednesday	Vegetable Lasagne, Garlic Bread & Salad
	Greek Yogurt & Berries
Thursday	Vegetable Fingers, New Potatoes & Peas
	Fruit Crumble & Custard
Friday	BBQ Quorn Fillet with Rice & Broccoli
	Chewy Choc Chip Cookies

Menu is subject to change. Vegetarian option is always available.