

## Vegetarian Option Autumn/ Winter Menu 2023-2024

$\mathrm{w} / \mathrm{c} 30^{\text {th }}$ Oct, $27^{\text {th }}$ Nov, $1^{\text {st }}$ Jan, $29^{\text {th }}$ Jan, $4^{\text {th }}$ March

| Week 1 | Lunch and Dessert |
| :---: | :---: |
| Monday | Quorn Chilli with Rice \& Nachos <br> Chocolate Muffins |
| Tuesday | Quorn Sausages, Mashed Potato, Peas \& Gravy <br> Greek Yogurt \& Berries |
| Wednesday | Jacket Potato, Tuna, Cheese \& Salad <br> Fruit Crumble with Custard |
| Thursday | Tomato Pasta with Crusty Baguette \& Broccoli <br> Fudge Tart |
| Friday | Homemade Pizza, Garlic Bread \& Baked Beans |
| Flapjack |  |

$\mathrm{w} / \mathrm{c} 6^{\text {th }}$ Nov, $4^{\text {th }}$ Dec, $8^{\text {th }}$ Jan, $5^{\text {th }}$ Feb, $11^{\text {th }}$ March

| Week 2 | Lunch and Dessert |
| :---: | :---: |
| Monday | Macaroni Cheese with Peas <br> Oat \& Raisin Cookies |
| Tuesday | Quorn Roast, Roast Potatoes, Carrots \& Sweetcorn |
| Flapjack |  |


|  | Vegetarian Option <br> Autumn/ Winter Menu 2023-2024 <br> Nov, $11^{\text {th }}$ Dec, $15^{\text {th }}$ Jan, $19^{\text {th }}$ Feb, $18^{\text {th }}$ March |
| :---: | :---: |
| Week 3 | Lunch and Dessert |
| Monday | Pasta, Quorn Bolognaise with Peas \& Sweetcorn Homemade Shortbread |
| Tuesday | Homemade Pizza, Garlic Bread, Carrot \& Pepper Sticks Greek Yogurt \& Berries |
| Wednesday | Quorn Roast, Roast Potatoes, Cabbage \& Carrots Lemon \& Blueberry Tray bake |
| Thursday | Cauliflower Curry, Rice \& Naan Bread <br> Apple Flapjack \& Custard |
| Friday | Vegetable Pasta Bake with Farmhouse Vegetables <br> Carrot Cake Muffins |

w/c $20^{\text {th }}$ Nov, $18^{\text {th }}$ Dec, $22^{\text {nd }}$ Jan, $26^{\text {th }}$ Feb, $25^{\text {th }}$ March

| Week 4 | Lunch and Dessert |
| :---: | :---: |
| Monday | Quorn Sausage, Chips \& Baked Beans |
| Banana Sponge Cake |  |
| Tuesday | Vegetable Stew with Cous Cous \& Sweetcorn |
| Wednesday | Vegetable Lasagne, Garlic Bread \& Salad Buns |
| Greek Yogurt \& Berries |  |
| Thursday | Vegetable Fingers, New Potatoes \& Peas |
| Friday Crumble \& Custard |  |

