



Colleges Summer/ Autumn Menu 2022



w/c 18th April, 16th May, 20th June, 18th July, 26th Sept

Week 1	Lunch and Dessert
Monday	Lentil and Vegetable Korma with Rice and Naan Shortbread Biscuits
Tuesday	Roast Pork, Roast Potatoes, Carrots and Peas Chocolate Krispies
Wednesday	BBQ Chicken with Cous Cous and Broccoli Bakewell Tart with Custard
Thursday	Spaghetti Bolognese with Garlic Bread and Salad Homemade Raisin Muffins
Friday	Fish fingers, Homemade Chips and Baked Beans Ice Cream

w/c 25th April, 23rd May, 27th June, 5th Sept, 3rd Oct

Week 2	Lunch and Dessert
Monday	Tomato Pasta with Crusty Bread and Cucumber Slices Raspberry White Chocolate Muffins
Tuesday	Keema Curry with Rice and Peas Apple Crumble and Custard
Wednesday	Roast Chicken, Roast Potatoes, Carrots and Cabbage Berries and Mango with Greek Yogurt
Thursday	Pork Meatballs in Gravy with New Potatoes and Broccoli Homemade Oat Cookies
Friday	Cottage Pie with Sweetcorn Jam and Coconut Tray Bake



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w/c 2nd May, 6th June, 4th July, 12th Sept, 10th Oct

Week 3	Lunch and Dessert
Monday	Turkey Meatballs in Tomato Sauce with Spaghetti and Peas Homemade Flapjack
Tuesday	Jacket Potato with Tuna, Cheese and Salad Cheesecake
Wednesday	Chick Pea and Sweet Potato Curry, Rice and Naan Zesty Orange Muffins
Thursday	Vegetable Pasta Bake with Broccoli and Sweetcorn Choc Ice
Friday	Roast Beef, Roast Potatoes Sweetheart Cabbage Gingerbread People

w/c 9th May, 13th June, 11th July, 19th Sept, 17th Oct

Week 4	Lunch and Dessert
Monday	Salmon, Haddock and Pasta Bake with Sweetcorn and Carrots Peach Melba
Tuesday	Sausages, Mashed Potatoes and Baked Beans Apple Sponge with Custard
Wednesday	Homemade Pizza, New Potatoes and Peas Jelly and Squirry Cream
Thursday	Moroccan Chicken with Noodles and Broccoli Greek Yogurt with Summerfruit Berries
Friday	Homemade Beef Burgers with Jacket Wedges Chocolate Tray Bake

Menu is subject to change.
Vegetarian option is always available.