

## Autumn/ Winter Menu 2021-2022



w/c 6<sup>th</sup> Sep, 4<sup>th</sup> Oct, 8<sup>th</sup> Nov, 6<sup>th</sup> Dec

Week 1	Lunch and Dessert
Monday	Tomato Pasta Bake with Broccoli  Fresh Fruit
Tuesday	Fish Pie with Sweetcorn and Carrots Homemade Lemon Drizzle Muffins
Wednesday	Pork Meatballs in Tomato Sauce with Cous Cous and Sweetcorn  Warm Fruit and Custard
Thursday	Sweet Potato and Lentil Korma with rice and Naan Orange and Sultana Oat Cookies
Friday	Chilli Con Carne with Jacket Wedges and Peas Apple and Raspberry Crumble with Custard

w/c 13<sup>th</sup> Sep, 11<sup>th</sup> Oct, 15<sup>th</sup> Nov, 13<sup>th</sup> Dec

Week 2	Lunch and Dessert
Monday	Spaghetti Bolognese with Crusty Bread and Cucumber  Sprinkle Cake with Pink Custard
Tuesday	Jacket Potatoes with Cheese, Beans and Salad Fudge Tart
Wednesday	Vegetable Curry with Rice and Naan Chocolate Chip muffins
Thursday	Tuna and Sweetcorn Pasta Bake with Broccoli and Carrots  Peaches and Custard
Friday	Sausages, Chips and Peas  Fresh Fruit



## Autumn/ Winter Menu 2021-2022



 $\rm w/c~20^{th}~Sep,~18^{th}~Oct,~22^{nd}~Nov$ 

Week 3	Lunch and Dessert
Monday	Roast chicken Dinner with Carrots and Cauliflower  Apricot Flapjack Bites
Tuesday	Three Beans Chilli with Rice and Nachos  Fresh Fruit
Wednesday	Beef and Vegetable Stew with Peas  Apple Crumble and Custard
Thursday	Homemade Pizza, Baby Potatoes and Baked Beans  Carrot Muffins
Friday	Salmon and Haddock Pasta Bake with Broccoli and Sweetcorn  Mandarins in Jelly

w/c 27<sup>th</sup> Sep, 1<sup>st</sup> / 29<sup>th</sup> Nov

Week 4	Lunch and Dessert
Monday	Pasta Bolognese Bake with Sweetcorn
	Chocolate Sponge and Chocolate Sauce
Tuesday	Jacket Potato with Cheese, Tuna and Salad
	Rice Pudding with Peaches
Wednesday	Chicken and Vegetable Curry with Rice and Naan
	Homemade Oat Cookies
Thursday	Cheesy Leek and Bacon Pasta with Carrots and Peas
	Apple and Plum Crumble with Custard
Friday	Vegetable Chilli Enchiladas with Broccoli
	Fresh Fruit

Menu is subject to change. Vegetarian option is always available.